


FEBRUARY

Gainesville-Hall County Senior Life Center

2012

434 Prior Street Gainesville, Georgia 30501 Telephone: (770) 503-3331

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>8:00 Fellowship & Coffee 8:30 Massages by Gwen Martin 10:00 ERRANDS 10:30 Computer Class 10:30 Meals-on-Wheels Delivery 11:00 February Word Pictures 12:30 February Birthday Celebration !</p>	<p>2</p> <p>8:00 Fellowship & Coffee 9:30 Breakfast Club at Rabbittown Café 10:00 Chair Yoga w/ Maureen 11:00 Random Act of Kindness Program w/Nancy 12:45 Grocery Store 1:00 Thursday Bingo</p>	<p>3</p> <p>8:00 Fellowship & Coffee 9:00 Sausage Biscuit 10:00 Making Valentines 12:00 Dolphin Tale Movie National Wear Red Day</p>
<p>6</p> <p>8:00 Fellowship & Coffee 10:00 Senior Center Chair Yoga 10:00 ERRANDS 10:00 "Minute to Win It" by Affinis Hospice 12:00 Senior Strikers Bowling 1:00 Circle of Friends</p>	<p>7</p> <p>10:00 B.P. w/ Southern Care 10:00 Seated Latin Aerobics 10:30 North Ga. College Students Presentation "Personal Hygiene" 10:30 Making Valentines for Nursing Homes 12:45 Grocery Store 1:00 Tuesday Bingo</p>	<p>8</p> <p>8:00 Fellowship & Coffee 9:45 Roots & Shoots 10:00 ERRANDS 10:00 Exercise w/Sabrina from Bell-Minor Home 10:30 Music Hour w/Margie Swint 10:30 Computer Class 12:30 Circle of Friends</p>	<p>9</p> <p>8:00 Fellowship & Coffee 10:00 Chair Yoga w/ Maureen 10:30 B.P. with Visiting Angels 10:30 Making Valentines for Nursing Homes 11:00 N.G.C. Nursing Students 1:00 Thursday Bingo</p>	<p>10</p> <p>8:00 Fellowship & Coffee 9:00 Sausage Biscuit 9:00 N.G.C. Nursing Students 10:00 Beading w/ Jessie 11:00 Wisdom Club Luncheon at Free Chapel 12:45 Crafty Crafters</p>
<p>13</p> <p>9:30 Rabbittown Café 10:00 B.P. w/ H.C.M.C. 10:00 Nutrit. w/ Healthcare Needs 10:00 ERRANDS 10:00 Senior Center Chair Yoga 10:30 Spiritual Enrichment 10:30 Valentine Word Search 1:00 Guess how many hearts are in the jar....</p>	<p>14</p> <p>8:00 Fellowship & Coffee 10:00 NEWCOMERS' CLUB PRESENTS VALENTINE'S DAY LUNCHEON & ENTERTAINMENT</p>	<p>15</p> <p>8:00 Fellowship & Coffee 10:00 ERRANDS 10:00 Project Bloom 10:30 Computer Class 10:30 How many songs can you name with LOVE in the title? 11:00 The Price Is Right 12:30 Swat Ball</p>	<p>16</p> <p>8:00 Fellowship & Coffee 10:00 Medicare Representative 10:00 Chair Yoga w/ Maureen 10:30 Thursday Bingo 12:15 Valentine Bingo with STAR* 12:45 Grocery Store</p>	<p>17</p> <p>8:00 Fellowship & Coffee 9:00 Sausage Biscuit 9:45 Arbor Day Celebration at Frances Meadows Center 10:00 New Client Orientation 10:00 Blood Pressure checks with Sun Crest Home Health 1:00 Swat Ball</p>
<p>20</p> <p>8:00 Fellowship & Coffee 9:45 -10:45 Singing Practice 10:00 Senior Center Chair Yoga 10:00 ERRANDS 11:00 RED HAT 9TH YEAR ANNIVERSARY PARTY @ Red Lobster 11:00 Presidents Day Trivia 1:00 Movie and Popcorn</p>	<p>21</p> <p>8:00 Fellowship & Coffee 10:00 Seated Latin Aerobics 10:00 Presentation by Southern Care 10:30 Senior Center Chair Yoga 12:45 Grocery Store 12:30 Mardi Gras Party 1:00 Tuesday Bingo</p>	<p>22</p> <p>8:00 Fellowship & Coffee 9:45 Roots & Shoots 10:30 Computer Class 10:00 ERRANDS 10:00 B.P. checks by Village Nursing Care 12:30 - 1:30 Singing Practice</p>	<p>23</p> <p>8:00 Fellowship & Coffee 10:00 Chair Yoga w/ Maureen 10:00 February Birthday Quiz 10:30 Chatting w/ Ralph 1:00 Thursday Bingo</p>	<p>24</p> <p>8:00 Fellowship & Coffee 9:00 Sausage Biscuit 10:00 North Georgia College Nursing Students Health and Nutrition Presentation 11:00 Hot Chocolate Time 12:30 Parachute Game</p>

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8:00 Fellowship & Coffee
10:00 Senior Center Chair Yoga
10:00 ERRANDS
10:00 Johnny Cash Trivia
10:30 Meals-on-Wheels Delivery
11:00 20 Interesting Facts About..
12:00 Senior Strikers Bowling
1:00 February Birthday Celebration

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8:00 Fellowship & Coffee
10:00 Seated Latin Aerobics
10:30 Black History Month Program
10:45 Beading w/ Jessie
1:00 Tuesday Bingo

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8:00 Fellowship & Coffee
10:00 ERRANDS
10:30 Computer Class
11:00 Medication Identification Program w/ Mary Ann Cleaver
" LEAP DAY "

Come and enjoy our Free Computer Classes !!!



Each Wednesday from 10:30a.m. - 11:30a.m. you must sign-up Call 770-503-3331

THOUGHT FOR THE MONTH

In The Cookies Of Life
FRIENDS
Are The Chocolate Chips

Special Note to Participants: Make your meal reservations on Mondays for the following week by calling (770) 503-3331. or by notifying Nancy or Gloria if you are not attending on Monday.

Please remember to call HAT (Hall Area Transit) at (770) 503-3333 to cancel your ride if you do not plan to come.

Our Mission: To provide older adults residing in Hall County with ever-expanding opportunities for personal enrichment through activities that promote health and well being, support an independent lifestyle, and encourage active involvement in the Center and the community.