

*Family Promise
Presents*

L.I.F.E Program

Spring 2016

WORKSHOP SCHEDULE

Sun. 2/21 3pm-5pm	Parenting
Sat. 2/27 10am-12pm	Healthy Lifestyle
Sat. 3/5 10am-12pm	Credit
Sat. 3/19 10am-12pm	Self-Motivation
Sat. 4/16 10am-12pm	Work Ready
Sat. 4/23 10am-12pm	Fitness and Food
Sat. 4/30 10am-12pm	Good Tenancy

Every session offers childcare and refreshments, valuable training, and drawing for \$50 Gift Card.

7 educational
workshops